

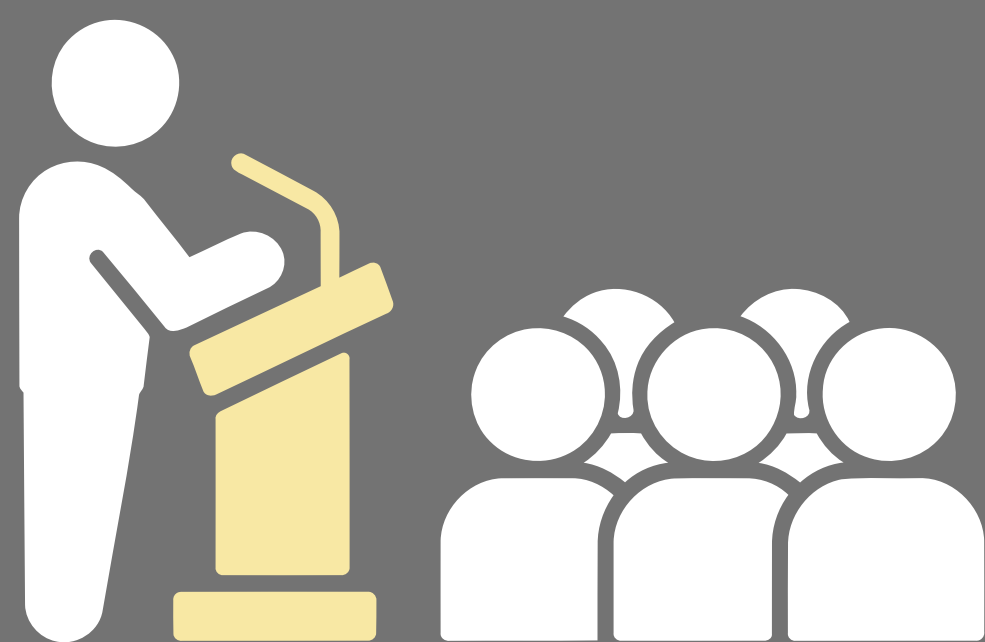
UNDERSTANDING EMOTIONAL INTELLIGENCE

PURPOSE STATEMENT

The purpose of this project is for the member to cultivate an understanding of how their emotions impact their relationships. It is also designed to help the member identify how others' emotions impact their emotional state. The purpose of this speech is for the member to share some aspect of their experience journaling emotions or being aware of emotions when interacting with others.

OVERVIEW

The member must keep a journal for a minimum of two weeks, tracking their emotions and how they impact themselves and others. Afterward, they must discuss the impact of tracking their emotions in a 5- to 7-minute speech at a club meeting. (Note: The member is not required to share the intimate details of their experience.)



PROJECT INCLUDES

Maintaining a journal for a minimum of two weeks and delivering a 5- to 7-minute speech

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience awareness, Comfort level, Interest

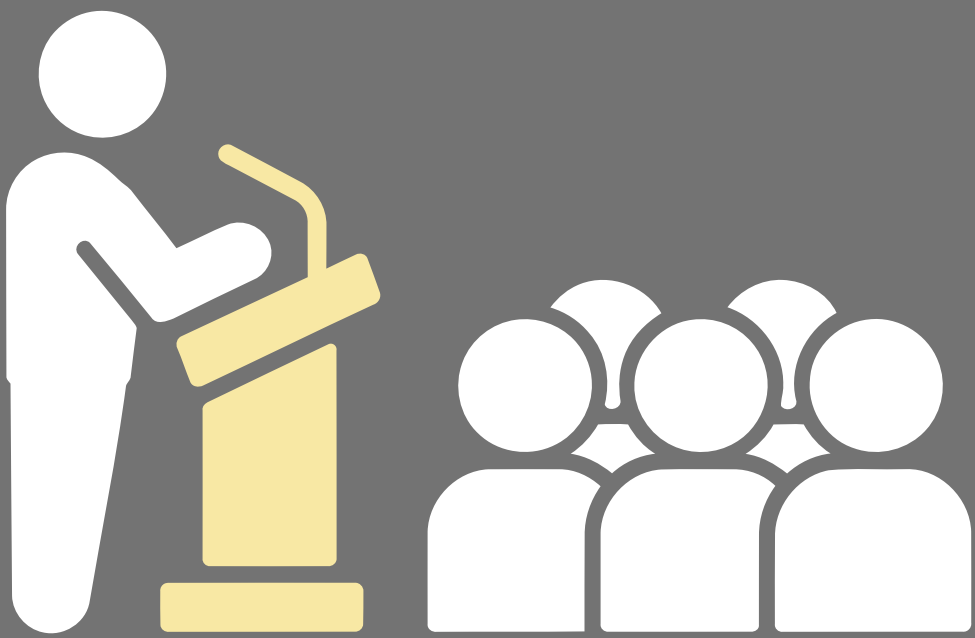
KEY OBJECTIVES

Topic

DELIVER SOCIAL SPEECHES

PURPOSE STATEMENT

The purpose of this project is for the member to practice delivering social speeches in front of club members.



PROJECT INCLUDES

A 3-4 minute speech

OVERVIEW

The member must present a 3- to 4 minute, well-organized and well-delivered speech for a social occasion. The speech could be a toast, an acceptance speech, a speech to honor an individual (such as the presentation of an award, other recognition, or a eulogy), or a speech to honor an organization.

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Topic

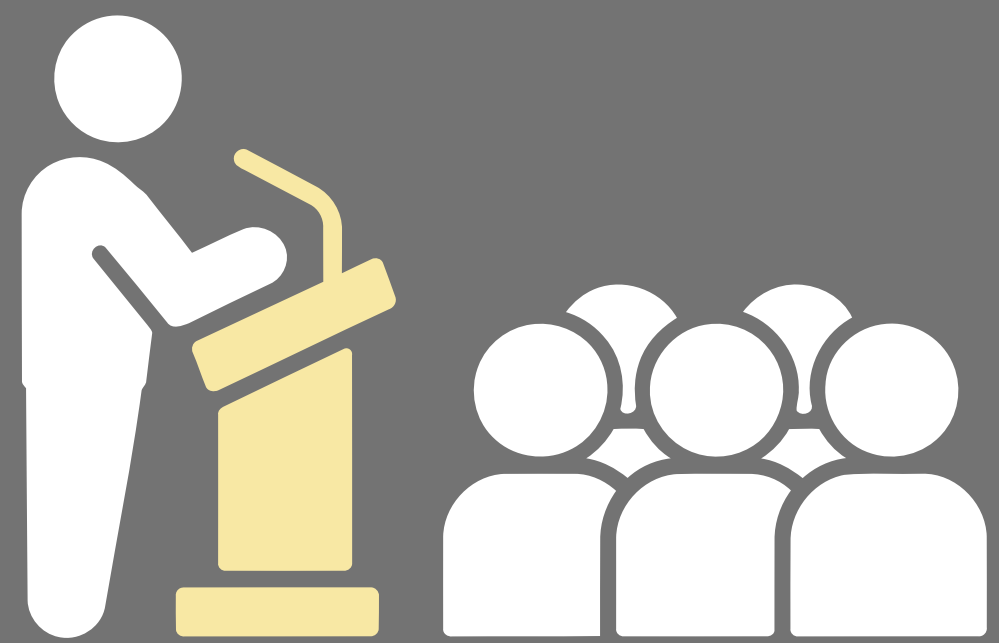
USING PRESENTATION SOFTWARE

PURPOSE STATEMENT

The purpose of this project is for the member to introduce or review basic presentation software strategies for creating and using slides to support or enhance a speech. The purpose of this speech is for the member to demonstrate their understanding of how to use presentation software, including the creation of slides and incorporating the technology into a speech.

OVERVIEW

The member must select a speech topic that lends itself well to a visual presentation using technology. They should use the content of the project and their own research to develop the slides. The member must give a 5 to 7 minute speech using the slides they developed. The speech can be humorous, demonstrative, or informational, and it may include stories or anecdotes.



PROJECT INCLUDES

A 5 to 7 minute speech along with developing slides

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

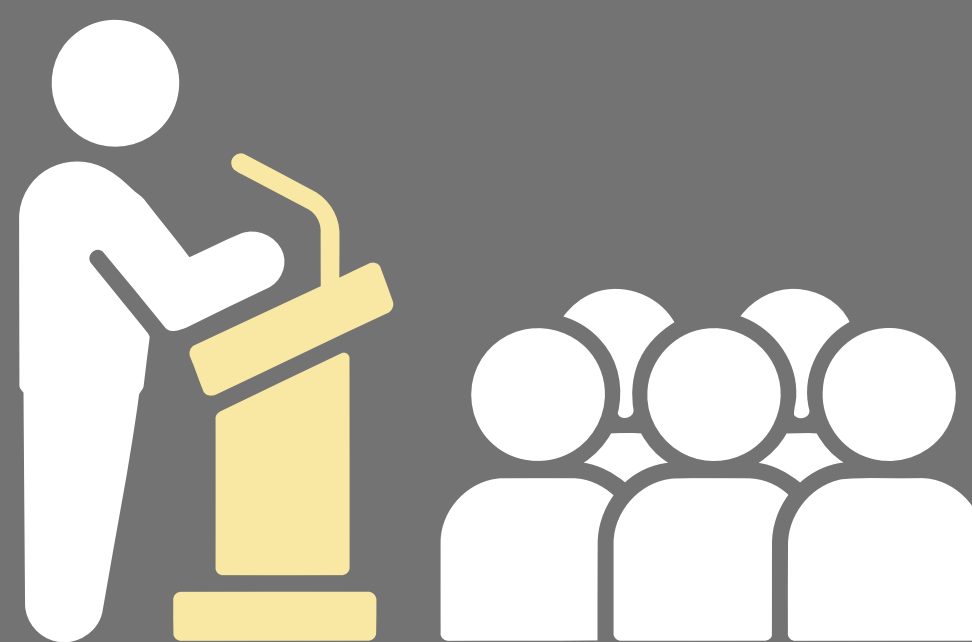
KEY OBJECTIVES

Presentation Slide Design, Presentation Slide Effectiveness & Topic

CONNECT WITH STORYTELLING

PURPOSE STATEMENT

The purpose of this project is for the member to practice using a story within a speech or giving a speech that is a story



PROJECT INCLUDES

A 5-7 minute speech

OVERVIEW

The member must present a well-organized 5 to 7 minute speech that tells a story or includes a story. The member may use any type of story: personal, well-known fiction, or one of their own creation.

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Impact & Pace

CREATING EFFECTIVE VISUAL AIDS

PURPOSE STATEMENT

The purpose of this project is for the member to practice selecting and using a variety of visual aids during a speech.

OVERVIEW

The member must deliver a 5 to 7 minute presentation at a club meeting, choosing a speech topic that lends itself well to using visual aids. They must create at least one, but no more than three visual aids, to enhance their presentation. The use of the aid(s) should be seamless and enhance the content of the speech.



PROJECT INCLUDES

A 5- to 7-minute speech having one to three visual aids

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Visual Aid & Topic

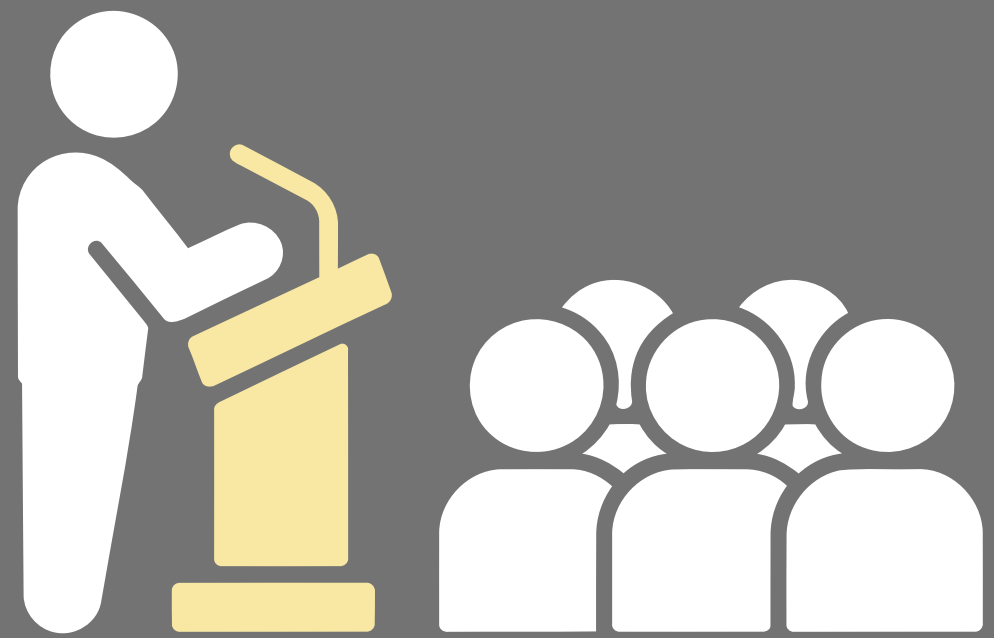
USING DESCRIPTIVE LANGUAGE

PURPOSE STATEMENT

The purpose of this project is for the member to practice writing a speech with an emphasis on adding language to increase interest and impact.

OVERVIEW

The member must develop a 5 to 7 minute speech describing the topic in detail and present it at their club meeting. The speech should contain descriptive words and literary elements, such as plot and setting. The topic can be anything, but the speech should be engaging and interesting.



PROJECT INCLUDES

A 5-7 minute speech

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

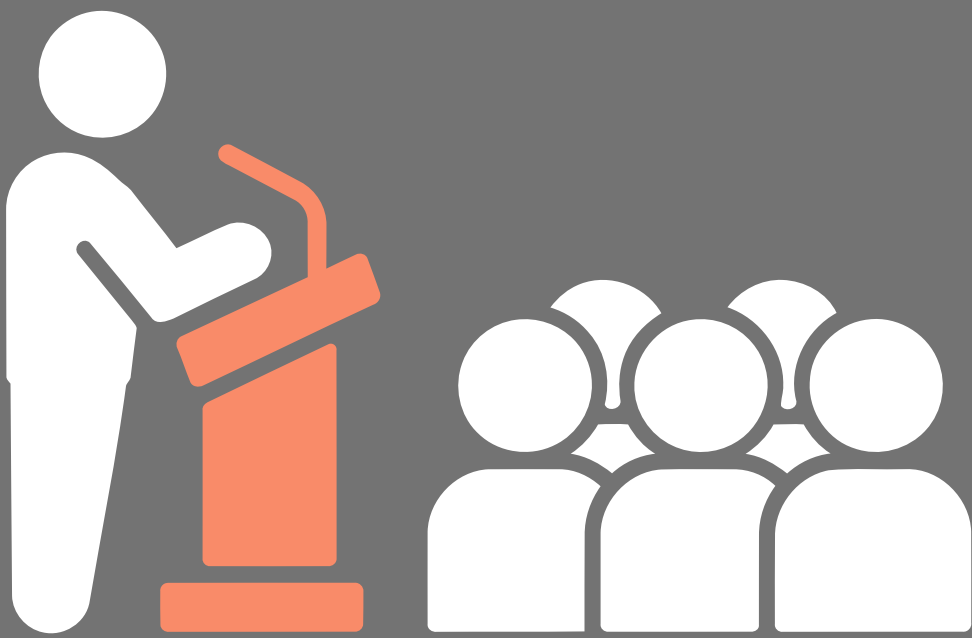
KEY OBJECTIVES

Descriptive Language & Literary elements

CONNECT WITH YOUR AUDIENCE

PURPOSE STATEMENT

The purpose of this project is for the member to practice the skills needed to connect with an unfamiliar audience.



PROJECT INCLUDES

A 5-7 minute speech

OVERVIEW

The member must give a 5 to 7 minute speech on a topic that is new or unfamiliar to their club members. They must present the topic in an engaging way and monitor the audience’s reactions, adapting as needed to maintain interest.

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Topic

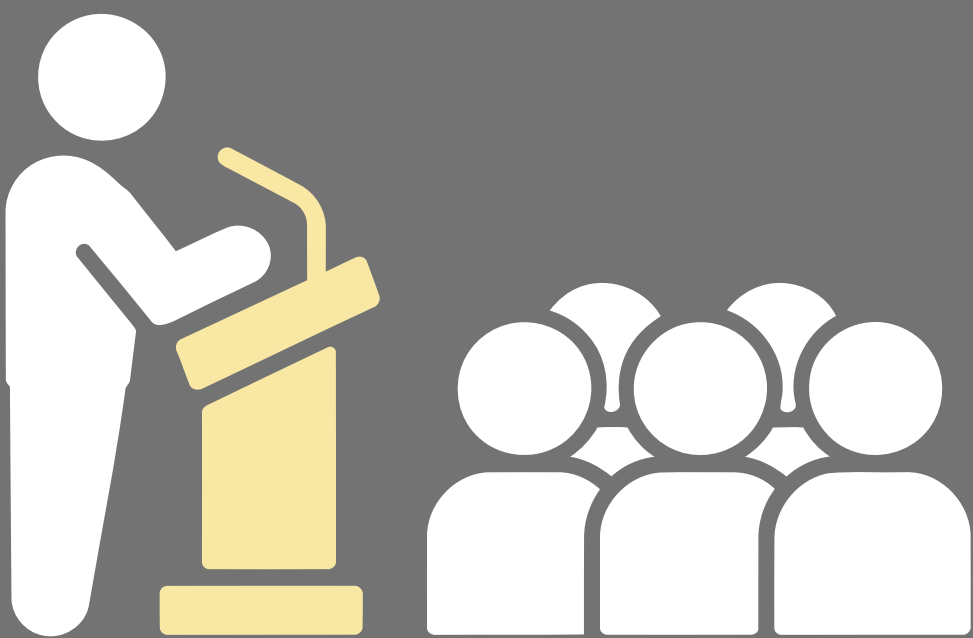
MAKE CONNECTIONS THROUGH NETWORKING

PURPOSE STATEMENT

The purpose of this project is for the member to develop and practice a personal strategy for building connections through networking. The purpose of this speech is for the member to share some aspect of their experience networking. The member will deliver a well-organized speech that includes a story or stories about their networking experience, the value of networking, or some other aspect of their experience networking.

OVERVIEW

The member must prepare for and attend a networking event. After the event, the member must present a well-organized 5 to 7 minute speech to their club that includes a story or stories about the networking experience, the value of networking, or another aspect of their experience.



PROJECT INCLUDES

Attending a networking event & delivering a 5- to 7-minute speech

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Topic

FOCUS ON THE POSITIVE

PURPOSE STATEMENT

The purpose of this project is for the member to practice being aware of their thoughts and feelings, as well as the impact of their responses on others. The purpose of this speech is for the member to share their experience of keeping a daily record of their moods and attitudes for a minimum of two weeks, noting when they feel positive or negative, their successes and efforts, and three things for which they are grateful.

OVERVIEW

The member must keep a daily record of their moods and attitudes for a minimum of two weeks, noting positive and negative feelings, successes and efforts, and three things they are grateful for each day. They must evaluate any changes in their behavior or the behavior of those around them. At a club meeting, the member must share some aspect of their experience through either a 2- to 3-minute report or a 5 to 7 minute speech, focusing on how they reframed negative responses in a positive way. Sharing specific journal details is not required.

PROJECT INCLUDES

Recording your daily moods and attitudes for a minimum of two weeks in a journal and delivering a 2- to 3-minute report or a 5 to 7 minute speech

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

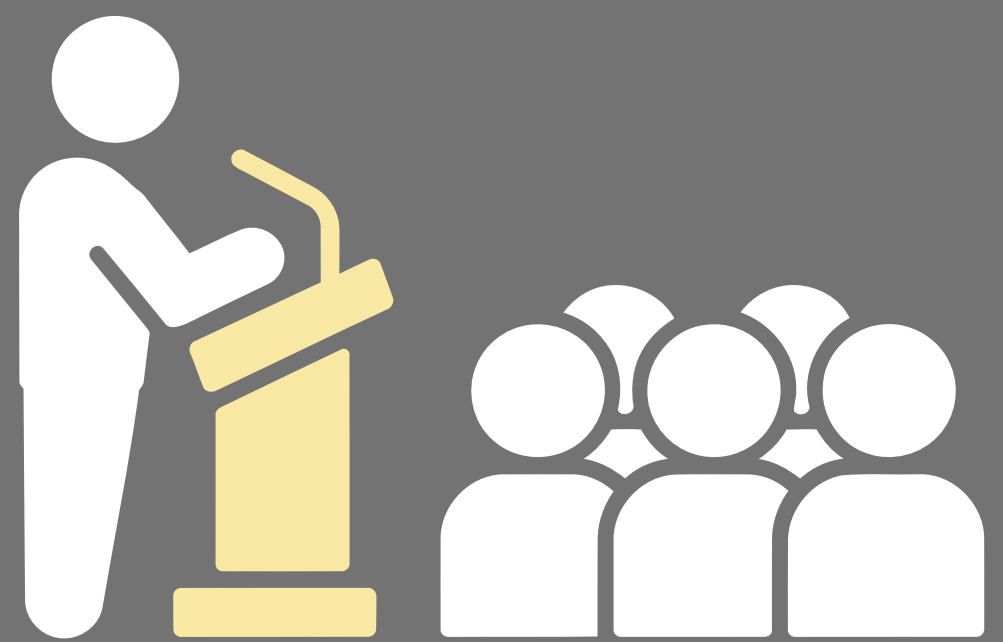
KEY OBJECTIVES

Topic

INSPIRE YOUR AUDIENCE

PURPOSE STATEMENT

The purpose of this project is for the member to practice writing and delivering a speech that inspires others. The purpose of the speech is for the member to inspire the audience.



PROJECT INCLUDES

A 5-7 minute speech

OVERVIEW

The member must select a topic intended to inspire the audience and prepare a 5 to 7 minute speech for their club. The speech content should be engaging, and the speaker should be entertaining or moving. The member must be aware of the audience's response and adapt the speech as needed. If the member speaks "at" the audience rather than interacting with them, they do not fulfill the goal of the speech.

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Engagement and Topic

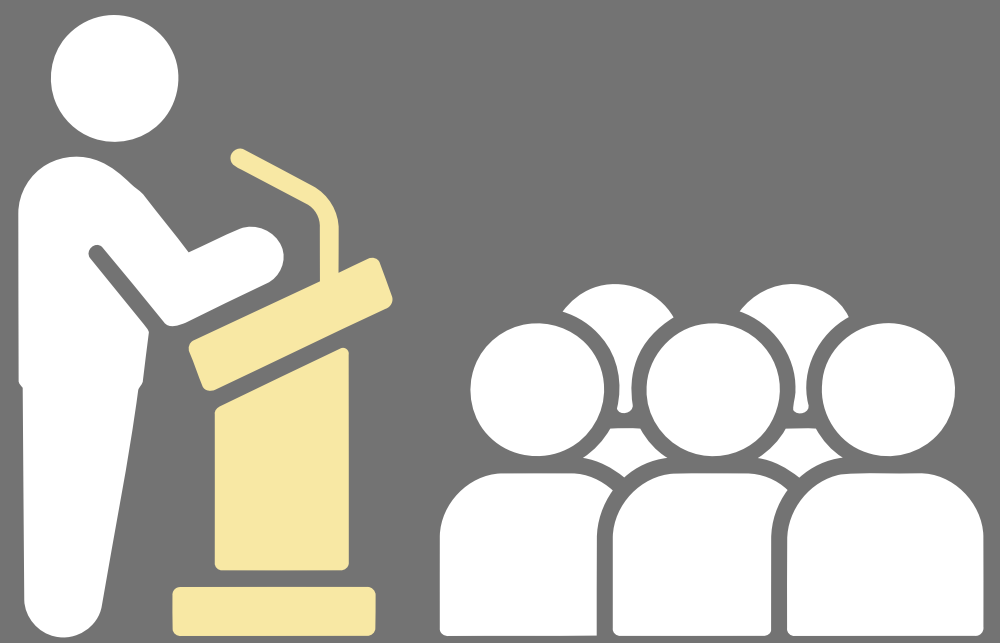
PREPARE FOR AN INTERVIEW

PURPOSE STATEMENT

The purpose of this project is for the member to practice the skills needed to present themselves well in an interview

OVERVIEW

The member must determine which type of interview they would like to practice and design interview questions tailored to their skills, abilities, and any other content they want to focus on. They must select a club member—other than the evaluator—to act as the interviewer. In a 5 to 7 minute role-play presentation at a club meeting, the member will practice answering the interview questions to promote their skills, abilities, and experience.



PROJECT INCLUDES

A 5 to 7 minute role-play presentation of an interview

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Poise & Spontaneity

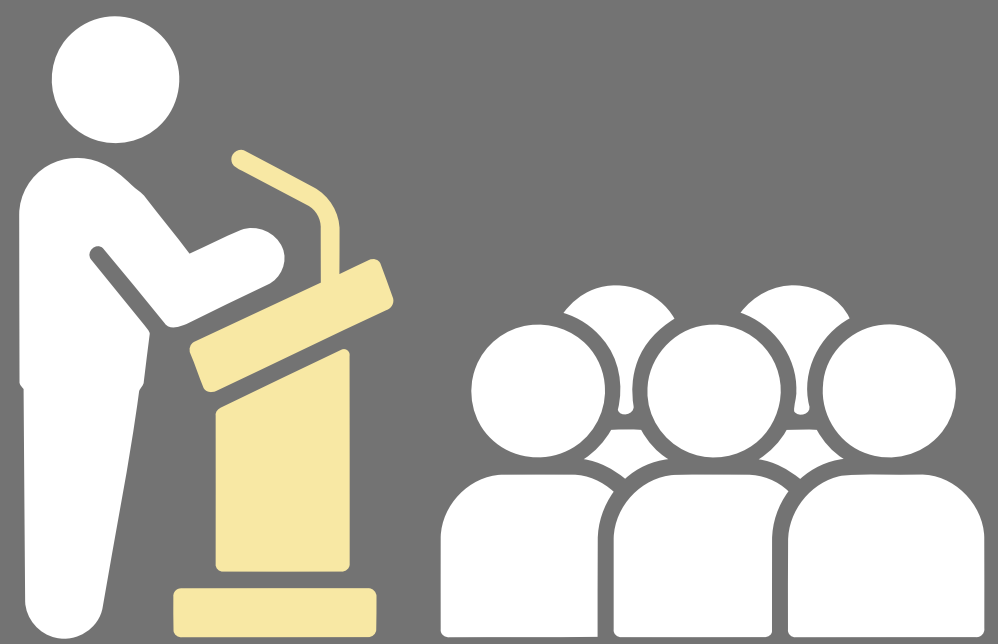
UNDERSTANDING VOCAL VARIETY

PURPOSE STATEMENT

The purpose of this project is for the member to practice using vocal variety to enhance a speech.

OVERVIEW

The member will learn or review the importance of vocal variety and use the exercises in this project to improve their vocal variety skills. They must present a well-organized 5 to 7 minute speech on any topic, using their voice to communicate and enhance the speech. The speech may be humorous, informational, or any style the member chooses. The primary focus of the evaluation is the member's vocal variety, and the evaluator will complete a speech profile instead of a standard evaluation.



PROJECT INCLUDES

A 5 to 7 minute speech

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Loudness or Volume, Pitch, Voice quality, Articulation, timing or rate, vocal variety

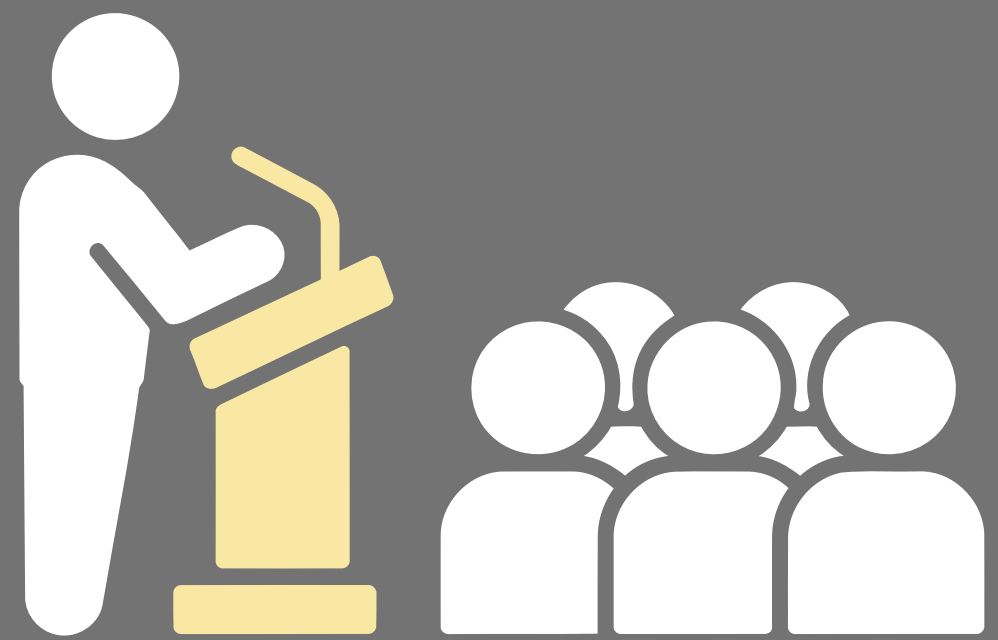
EFFECTIVE BODY LANGUAGE

PURPOSE STATEMENT

The purpose of this project is for the member to deliver a speech with awareness of intentional and unintentional body language, as well as to learn, practice, and refine how they use nonverbal communication when delivering a speech

OVERVIEW

The member must present a well-organized, clearly focused, and well-delivered 5 to 7 minute speech on a topic that lends itself to expression through body movement and gestures. The speech may be humorous, informational, or any style the member chooses. The purpose of this project is for the member to deliver the speech while being aware of their intentional or unintentional body movements.



PROJECT INCLUDES

A 5 to 7 minute speech

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Unintentional movement & purposeful movement

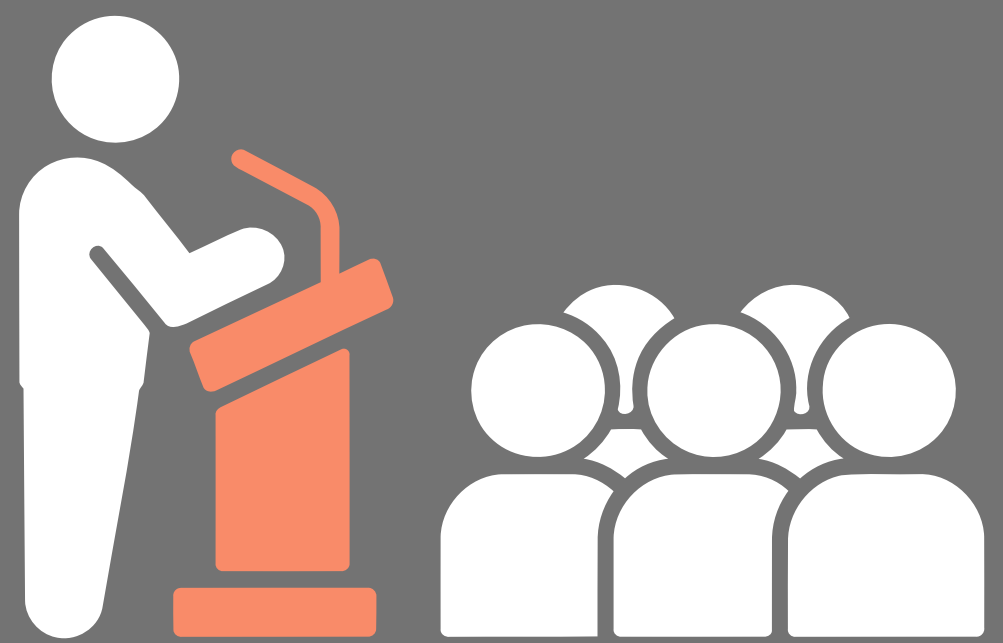
KNOW YOUR SENSE OF HUMOR

PURPOSE STATEMENT

The purpose of this project is for the member to begin developing a collection of humorous stories and to present a speech that includes humor.

OVERVIEW

The member must give a 5 to 7 minute speech on a topic of their choosing. The speech should include at least one anecdote or story intended to entertain or add humor to the presentation.



PROJECT INCLUDES

A 5-7 minute speech

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

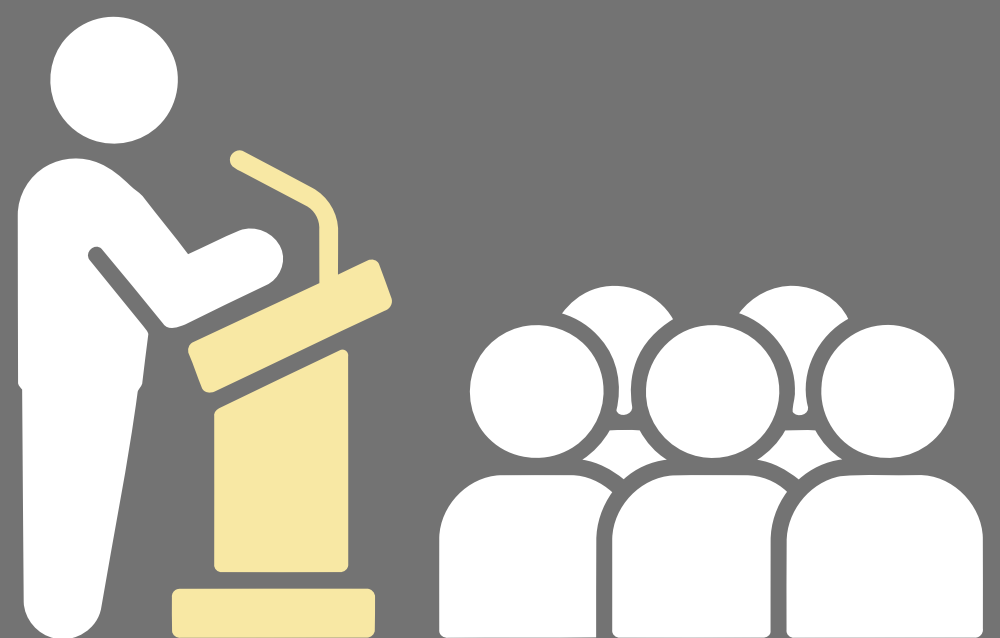
KEY OBJECTIVES

Humor

RESEARCHING AND PRESENTING

PURPOSE STATEMENT

The purpose of this project is for the member to learn or review basic research methods and present a well-organized, well researched speech on any topic.



PROJECT INCLUDES

A 5 to 7 minute speech

OVERVIEW

The member will present a well-organized, well-delivered speech about a new topic or a known topic on a deeper level. The speech may be humorous, informational, or any style the member chooses. The speech content and style should work well together.

GENERAL OBJECTIVES

Clarity, Vocal Variety, Eye Contact, Gestures, Audience Awareness, Comfort Level, Interest

KEY OBJECTIVES

Well-Researched